



joy of helping  
HELPING BY TOUCHING LIVES

Joy of Helping is a USA-based 501 (C)(3) tax-exempt non-profit organization that supports impoverished people in India and East Africa.

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# FINANCIAL REPORT

We begin with Gratitude.

As the world continued its battle with the pandemic, we take comfort in the fact that our projects were able to provide the much-needed respite in numerous cases.

Along with immediate assistance for these catastrophic events we were also able to take further strides in our pledged causes.

This document is a testament to what we all can achieve if we all COME TOGETHER!

We begin by thanking you all for your contributions in all sorts of ways, your unwavering support motivates us to enable more and more people and redefine philanthropy and service of fellow beings in a new way.

## PROJECTS UNDERTAKEN

- Eradicating Blindness
- Disability Rehabilitation
- Education
- Women Empowerment
- Vision Centers
- Kenya Eye Project
- Disaster Relief
- Children and Women Health
- Vocational Training
- Slum Feeding Kenya

**Lets Make a Better World, Lets Share the Joy of Helping!**

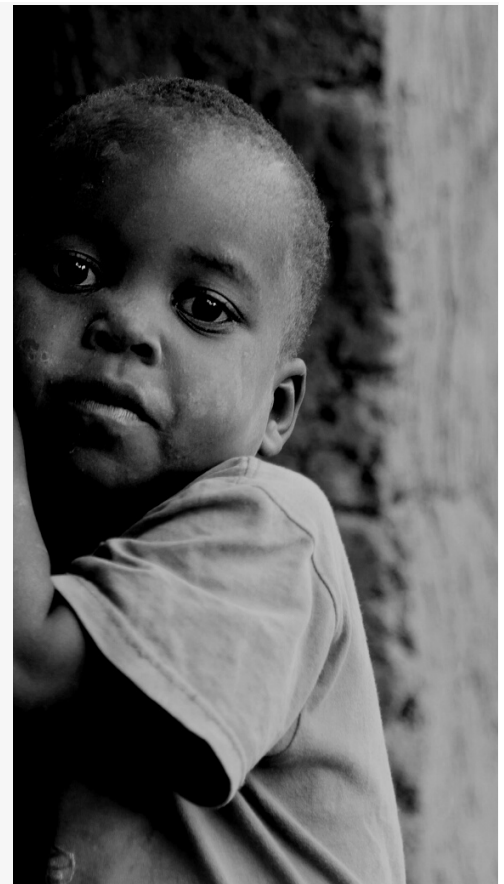


## Supporting institutions working at grassroots level in multiple areas

- Providing education to the children in the slums and the tribal regions.
- Improving health standards amongst the children in regions where the mortality rate is very high due to malnutrition.
- Rehabilitation of mentally/physically challenged, hearing impaired, CP children.
- Empowering women through vocational training, helps them live their life with dignity.
- Working towards eliminating curable blindness with dedicated eye hospitals in India and Kenya.
- Raising the voice for the Schedule class; against caste-based violence and discrimination, the poorest are the main focus of almost all projects.
- Encouraging women to join and participate in self-groups and income-generating projects.
- Supporting the NGOs who are willing to work in the poorest and most difficult areas.
- Working against abuse of women and children.

## our mission

Our mission is to serve humanity by collaborating with like-minded individual philanthropists who have been working for social and humanitarian causes at the grassroots level. Contributions from our foundation, family and friends are distributed 100% every year. We visit all the institutions that we have been supporting in India and Africa to ensure an impact is created with every cent we contribute.





## our vision

Transforming the lives of the underprivileged and the neglected of society, thus allowing them to live a life of DIGNITY.

## our values

To ensure proper utilization of funds, so that every dollar is utilized to improve the lives of neglected and underprivileged people. All public donations would go to the field and tag to the specific projects.



# Founders' Message



**MRS. PRAFULLA SHAH  
MR. RAMESH SHAH  
FOUNDERS OF JOY OF HELPING.**

We have always felt that it is our duty to give back to society. While setting up the foundation we met a lot of people who shared our vision for an Ideal Society and wanted to bring about real positive change.

We are proud of the fact that today, Joy of Helping is not only ensuring education for the underprivileged, providing healthcare, eliminating needless blindness, empowering and enabling women to support their families, and providing facilities for differently-abled children but also empowering many young lives through its multiple projects.

Our mission will not be complete until the time we see all faces around us smiling and ensure that nobody loses the courage to fight the adversities of life.

Joy of Helping's main goal has always been 'to put power and not charity' in the hand of those in need.

It has always striven to break the cycle of poverty by empowering the marginalized people with skills services and infrastructure grounded in sustainable development.

We believe that every person has the right to survive and prosper with dignity and therefore our programs serve the disadvantaged without any biases of religion, caste or creed.



## From the desk of **CHIEF FINANCIAL OFFICER**



We are proud to report to our donors that we were able to fulfil our goal of collecting \$397,551 of which we have donated \$ 386,903 to the neediest and marginalized communities in INDIA and East Africa for various causes. Joy of Helping is a nonprofit organization that works with 14 NGOs in INDIA and 3 NGOs in Kenya. We have been frequently visiting INDIA and Kenya to look after all the projects.

Especially in developing countries, many children are blind due to preventable and curable conditions. We have been working with two major hospitals to provide pediatric surgeries to eliminate blindness.

Cataract, a leading cause of blindness - Joy of Helping is working with lions hospital in Nairobi, Kisumu, and Zanzibar, providing funding for an average of 1000 cataract operations every year.

Joy of Helping has been providing nutritious breakfast and midday meals to 2000 Nairobi slums area primary school children five days a week. We are also planning to support more organizations in 2022.

Our goal is to collect and donate more than \$500,000 this year.

100% of donors' contributions go to the causes. We bear 100% of the management and admin costs.

Donors can select the causes, which is most dear to their heart( education, vocational training, rehabilitation of neglected children, healthcare for physically and mentally challenged).

# WE ARE GRATEFUL!

Joy of Helping thanks all our donors for supporting us in 2021 for our mission to help the needy and marginalized people of India & East Africa

**\$ 50000 +**

**RAMESH AND PRAFULLA SHAH  
PRADIP AND HARDIKA SHAH**

**\$ 20000 +**

**SUDHIR KAPADIA/DAKHA SHAH  
NIMISH NITI SANGHRAJKA  
HARSHAD AND NITU KOTHARI  
VASANT AND PRABHA RATHI  
LAHERI AND DAKSHA SHAH**

**\$ 5000+**

**MANU AND RIKA SHAH  
TARLOK SINGH AND JOLLY  
NEIL AND MIKA SHAH  
HARSHAD AND RAKSHA SHAH  
DR.JATIN AND ASHA SHAH**

**\$ 2000 +**

**DR. CHANDRA AND HANSA HARIA  
PRAVIN AND BHARATI MEHTA  
NARENDRA SHAH  
SAMIR AND SONAL SHAH  
JITENDRA AND REKHA SHAH  
SANJAY AND PAYEL KURANI  
RAJU AND NEETA SHAH  
PRAVIN AND TARLA KAPADIA**



**\$ 500 +**

**NITIN AND ASHA PARIKH  
SUKEN AND HETAL JAIN  
DINESH AND MUKTIDA SHAH  
DINESH AND SUSHILA SHAH  
JAGADISH AND JAYU SHAH ( JJ)  
YOGESH AND SUNANDA KUVADIA  
MUKESH AND BINA DOSHI  
SHARAD AND AVANI GORAJIA  
DR. SHISHIR AND DR MALINI SHAH  
SUNIL AND SONAL SHAH  
NITIN AND DARSHANA PARIKH  
VIPIN AND JYOTI VADECHA  
ALPESH AND RINKUSHAH  
NARENDRA KHANDWALA  
NAYAN DOSHI  
TRIUMPH RESIDENTIAL ( PINAL)  
RAMESH AND SUSHILA BHAVSAR**





# Working Towards Sustainable Goals

## AT JOY OF HELPING WE ARE WORKING TOWARDS ACHIEVING SUSTAINABLE DEVELOPMENT GOALS.

**Eye care can increase household income and reduce hunger:**

**46%** of households moved up an income bracket following cataract surgery.

### JOY OF HELPING California USA

(MARCH TOWARDS SUSTAINABLE DEVELOPMENT GOALS)

**1** NO POVERTY



- Skilling for jobs and Entrepreneurship
- Rural Entrepreneurship Training
- Decent livelihoods for rural communities, Mushar & Dalit women, youth, and persons with disability

**2** ZERO HUNGER



- Nutritious midday meal in slum schools of Nairobi

**4** QUALITY EDUCATION



- All girls and boys complete free, equitable and quality primary and secondary education
- Eliminate gender disparities in education for the vulnerable, including persons with disabilities and indigenous people

**3** GOOD HEALTH AND WELL-BEING



- Reduced stunting, wasting, and malnutrition amongst children, adolescent girls, women, and deprived communities by providing micronutrients in the food

**5** GENDER EQUALITY



- Our effort is to decrease the percentage of child marriage, child labour, child abuse, and domestic violence to bring out the people of Dalit communities from the state of backwardness and illiteracy.

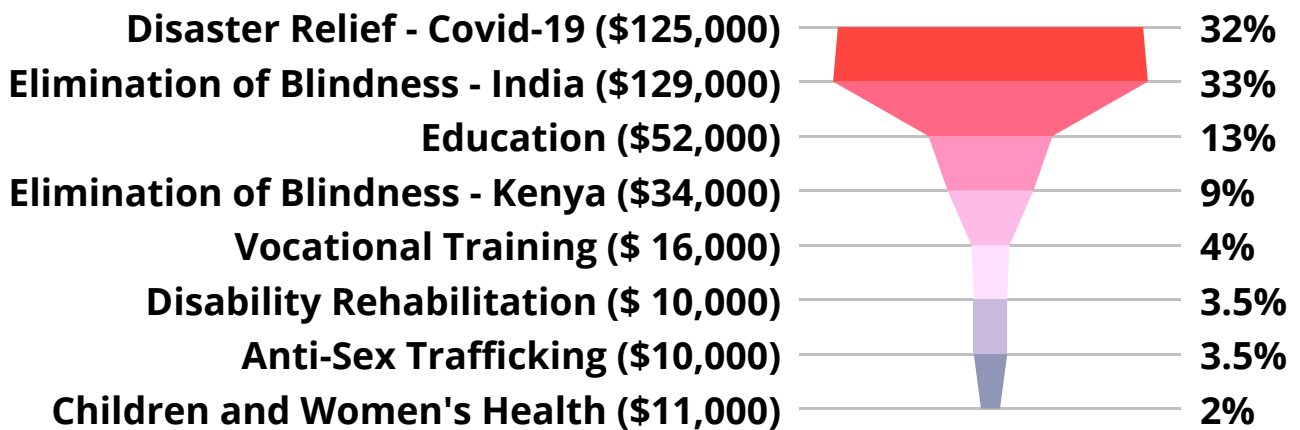


# Achievements and Impact

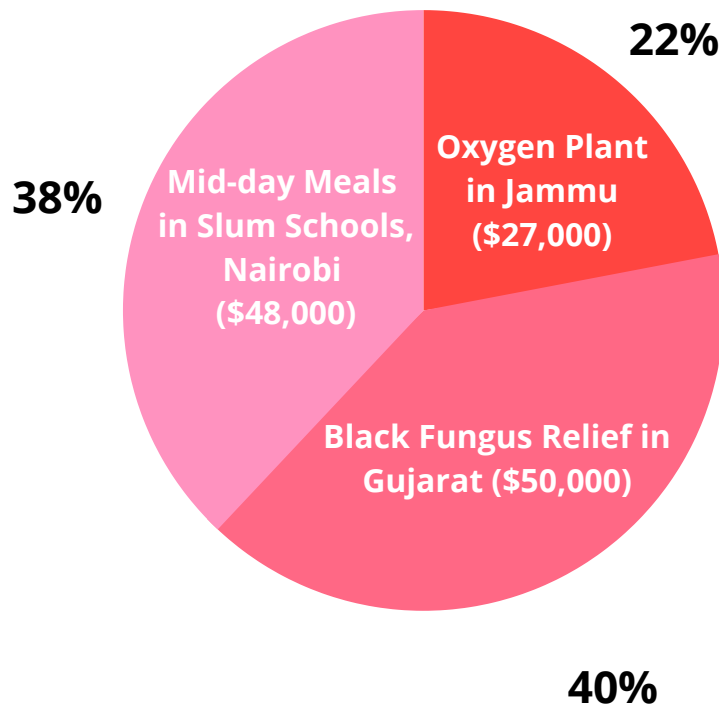
Causes	Donation	Achievements and Impact of various projects during 2021
Women/Health Bojaya Trust donate to Bidada	\$ 8,000	Supported to Perform Sixty (60) women with a prolapsed uterus and fibrosis surgeries.
Handicap School Child Welfare	\$ 10,000	Supported to provide Education to 70 mentally challenged, 45 hearing impaired 14 autistics and physical therapy to 40 cerebral palsy children
Empowerment & Education - UMC	\$ 15,001	Provided new pickup truck to distribute finished goods, made by women empowering groups; Hired 8 school teachers to educate salt migrant workers' children in very harsh environments.
Pediatric and Adults Eye Surgeries & Ophthalmic training - Divya Jyoti	\$ 23,000	Supported to Perform 200 pediatric & 400 adult surgeries to save sight, More than 100 premature babies have been screened to save the sight of 2-3 babies every month by anti-VEGF injection and laser treatment
Oxygen Plant at Jammu Hospital	\$ 27,000	Supported to set up Oxygen Plant at Vitasta healthcare hospital which serves the downtrodden section of Jammu/ Kashmiri Pandit refugees
Dalit and marginalized girls' Education - Nari Gunjan	\$ 14,001	To improve the quality of education for children of Musahar and upgrade their living standard.
Widow Women Empowerment - Project Life	\$ 10,000	Supported to perform Women Empowerment Training which will go a long way in making them self-reliant, empowered, and have a bright future not just of the family but also the society
Pediatric Eye Surgeries - Drasti Netralaya	\$ 9,000	Quality eye care for all pediatric patients with state-of-the-art services to eliminate blindness in children. More than 200 pediatric surgeries were performed to save sight,
Vision Centers - Akhand Jyoti	\$ 87,900	Supported to set up Five(5) vision centers in Bihar to eliminate needless blindness with Akhand Jyoti eye hospital, they have been training to marginalize Dalit poor girls to become optometrists to run vision centers.
Adult Eye Operation Kisumu and ophthalmic training	\$ 14,000	More than 200 adults surgeries were performed to save sight
Nairobi school's new Classrooms and library	\$ 20,000	New rooms were needed for more students enrollment and a library to enhance their knowledge in poor areas school of Nairobi
Pediatric Eye Operation Zanzibar - Lion	\$ 10,000	70 Pediatric surgeries were performed by doctors from Dar Es Slaam in Zanzibar hospital.
Adult Eye Surgeries at Nairobi Slums	\$ 10,000	Spanish medical team of nine performed 200 cataract surgeries in Nairobi slums with a partnership with Amma charitable trust
Life-threatening Black Fungus operation	\$ 50,000	Provided two endoscopy Ent machines to perform 1400 life-saving emergency BLACK FUNGUS surgeries in two major hospitals to save lives during the covid pandemic.
Orphaned/handicapped kids due to covid pandemic - Pehl	\$ 5,000	Reaching out to children in their time of need and grief due to covid disasters by providing online counseling, child's education, and specific needs of children.
Education Prerna Sex Trafficking	\$ 10,001	Supported to provide the Second generation children of prostitutes to protect them from sex trafficking by providing proven protection, wholesome nutrition, education, and opportunities for skill development at the night care center.
Midday Meal to slums area school kids of Nairobi	\$ 48,000	Provided 150,000 nutrition vegetarian breakfast and lunch for primary school children from slums to encourage them to come to school.
HPV vaccine to Orphan kids - Rajkot cancer society	\$ 3,000	The HPV vaccine was administered to 200 orphan kids to avoid cervical, anal and oral cancer
Basic Rural Technology - UMC	\$ 3,000	Provided scholarship to 6 rural school dropout students to complete the diploma in multi-skill in basic rural technology based on learning while doing to start their own enterprises
Construction of eye hospital - Sakara Eye Foundation	\$ 10,000	A small contribution to constructing one room for Sankara new eye hospital in India



# Total Contribution from Joy of Helping 2021

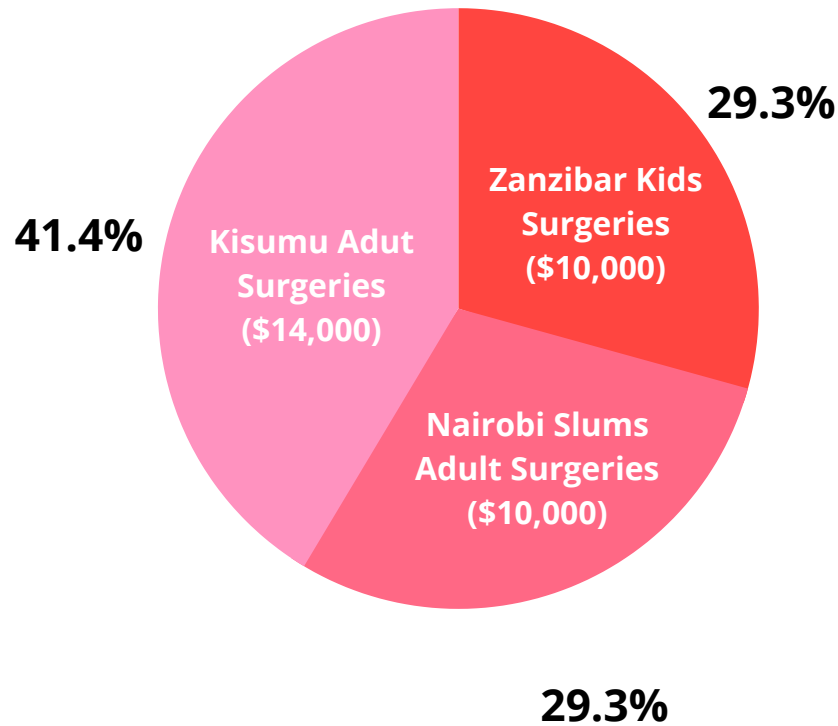


## Disaster Relief Covid 19

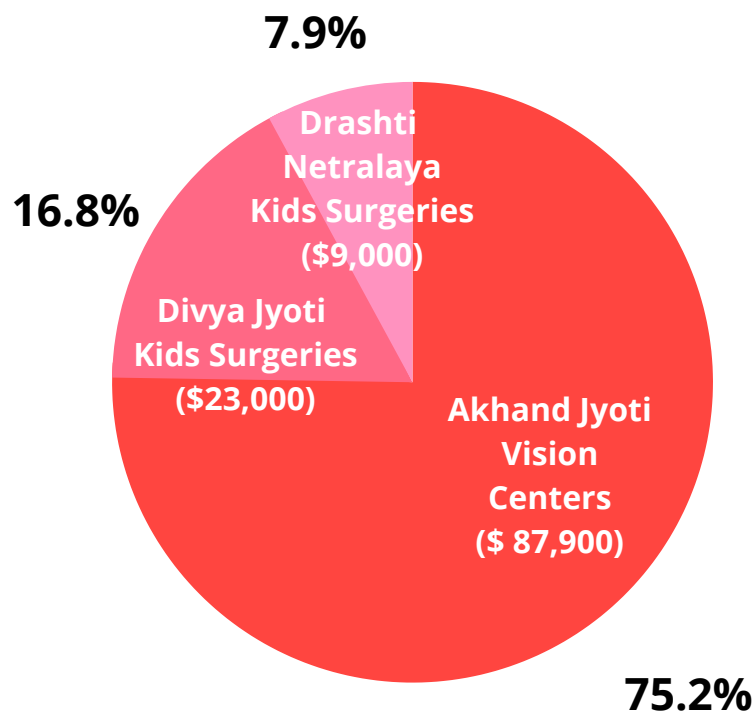




# Elimination of blindness in East Africa



# Elimination of blindness in India





# Live Updates on our Causes in 2021



**ERADICATING BLINDNESS**



**DISABILITY REHABILITATION**



**EDUCATION**



**WOMEN EMPOWERMENT**



**DISASTER RELIEF**



**VISION CENTERS**



**KENYA EYE PROJECT**



**CHILDREN AND WOMEN HEALTH**



**VOCATIONAL TRAINING**



**SLUM FEEDING KENYA**



**MID-DAY MEAL**



# Pediatric Eye Operations



Vision impairment and blindness impede access to education, employment, and other opportunities. Children with vision impairment lose the opportunity for a brighter future that education provides.

Your support allows us to reach typically unreachable people, ensuring that every person in every household of our remote target villages is screened, counseled, and referred for further care by someone who lives and works in their own community.



## Vision Centers

Joy of Helping has already established 5 vision centers in Bihar with Akhand Jyoti Eye hospital has been training marginalized and poor girls to become optometrists as employees to run vision centers.

Joy of Helping plans to fund more than 15 new vision centers, with the capacity to reach additional thousands of people to serve cataract and visually impaired patients in Bihar, Gujarat, and eastern India.

A Vision Center is a permanent, physical local center that is equipped to meet 80% of all eye care needs, and refer patients who require more advanced care to nearby hospitals. These Vision Centers also expand job opportunities for community members, thereby supporting economic growth.

The impact of having vision centers in the poorest state of India - Bihar with a large blind population is incredible.

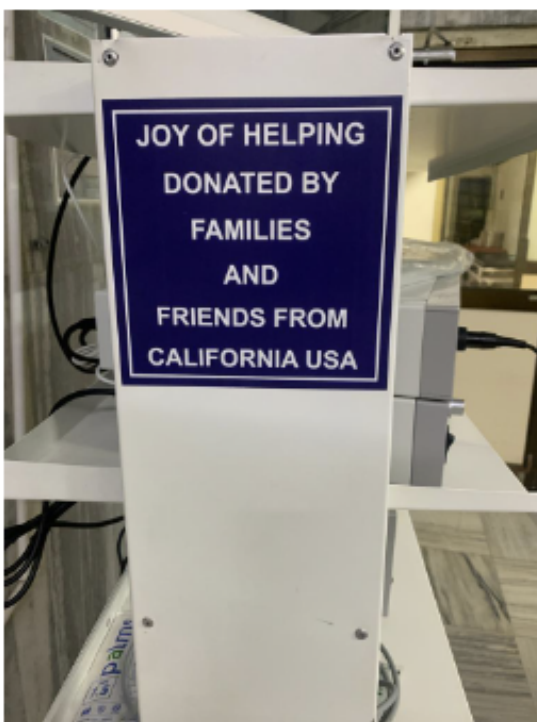
So many of these people wouldn't have had the chance for a quality eye treatment without vision centers. These center built through Joy of Helping and Akhand Jyoti Eye Hospital could provide primary eye treatment to over thousands of patients between December 2020 to February 2022, despite the COVID-19 pandemic affecting our operations.

Joy of Helping's generous support has enabled the creation of a legacy of eye care in the area. 985 people were provided with free cataract operation and 1,094 people with the refractive error were dispensed low-cost eyeglasses from the center from December 2020 to February 2022 in one of the vision centers.



# HIGH-RESOLUTION ENDOSCOPIC CAMERA

## WITH ACCESSORIES



During the COVID-19 pandemic, Mucomycosis- a fungal disease that attacks patients (also called black fungus) who have had COVID-19, was rampant.

The ENT department of (Vadodara and Rajkot General Hospital) is a tertiary care reference center with an attached Medical College in the city of Vadodara. And Rajkot as such, the department treats patients not only from Vadodara and Rajkot but across Gujarat. The department is recognized for endoscopic surgery across Gujarat. These cases are operated without an external incision in the nose, paranasal sinuses, base of the skull, and the airway.

This disease requires advanced and extensive surgeries on the nose, paranasal sinuses, eye, and brain. At present in the last month, we have treated more than 1400 cases. These are lifesaving surgeries we need to operate in an emergency with safety. This surgery can be safe only if a good endoscopic camera system is available.

JOY OF HELPING MADE IT HAPPEN.





## Self Defence Program

TEACHING KARATE TO WOMEN FROM LOWER CASTES



Sudha Ji the founder of Nari Gunjan felt that Karate would give the Dalit girls more self-confidence and to fight for their rights and sexual abuses.

The results were outstanding, and the girls became so skilful that they won five gold and five silver medals at a competition in Gujarat, earning a trip to Japan to participate in the international martial arts championship karate-do federation.

## Education Program

AIM OF DALIT CHILDREN ACCESS TO EDUCATION, EQUITY & LIBERATION:



We believe that it is the fundamental Right of every child without exception to receive free and quality education up to the age of 14 based on an equal opportunity, without the discrimination based on caste, class, gender, or religion in an environment of love and care and with appropriate facilities conducive to joyful learning.

## Yusuf Meherally Centre

Conducting one-year residential “Diploma in Basic Rural Technology (DBRT)” program.

The program is based on the philosophy of ‘Learning while doing’ in a real-life environment that integrates rural development and education.

This is a unique program is recognized by ‘National Institute of Open Schooling (NIOS)’. Joy of helping in the post-Covid scenario has taken up Skill development in basic rural technology as their new thrust area which facilitates the skilling and grooming of rural agriculture-based youth for employment and economic upliftment opportunities This is a work-based education that enables the students to be gainfully employed, start their enterprises, develop innovative technologies & successfully commercialize.



## Child Welfare

### Prerana

Prerana Night care center (NCC) for children living in red light areas. Prerana works to end second-generation prostitution and protect women and children from the threat of human trafficking.

Prerana's Night Care Center (NCC) is a space created to ensure the safety and development of children living in the red-light areas. This program was initiated as a response to the needs of mothers in the sex trade to keep their children safe during the night. The NCC provides services such as – protected shelter, wholesome nutrition, education support, safe play options, safe sanitation options, opportunities for skill development, awareness sessions, and an overall platform for holistic personality development and growth. The health and medical services have a systematic process that includes a complete general health check-up, periodic follow-ups, and end-to-end support for the management of specific medical conditions.

Prerana has four NCCs which are near the red-light areas of Kamathipura (two NCCs), Falkland Road, and Vashi-Turbhe Stores.

### Nari Gunjan

Nari Gunjan has been working with children who are neglected and abandoned; this can mean reaching out with a caring hand for a baby that is unwanted, abandoned soon after its birth or a child of 2 or 3 years old left on a train or at a bus stand. Most of the unwanted children left on the roadside or in the Bush close to the road.

Nari Gunjan has been conducting this program with the approval and support of the social welfare department of Bihar.

Nari Gunjan has been involved with this program since 16.9.2016, and about 112 children have come into our home, and 40 have gone for adoption both national and international. About 50 children have been returned to their parents.

The child welfare committee of the district assigns the child to one of the children's home/adoption agency homes. Most of them are girls; from one day to a few months old.

# Adopting Children to Provide a Better Life.

Lately, Nari Gunjan adopted, just one-day-old baby who survived a strangulation attempt, she was left on the roadside.

There were scratches on her neck and other bruises.

Nari Gunjan's immediate decision was to save her by hospitalizing to get the best care possible, baby girl was survived.

She was on a ventilator for about 12 days and returned home on the 20th day from the hospital.

Everyone was so happy that she got her life back and she is doing okay. Her name is Ananya.

Nari Gunjan has adopted another little girl whose umbilical cord was not even cut. There were no signs of attempts to finish her off so she survived the shock and came home after a week from the hospital. Her name is Deepa.

All the children who have gone into adoption are placed in good families with very loving and caring parents.

**Joy of Helping is encouraging the young generation to participate.**



**Sponsored by 14 year old Sitara**



**Sponsored by 12 year old Shivan**



**Sponsored by 9 year old Sahil**





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made with 

