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Hari Gadhi, about 6 years old was born in Australia with Cerebral Palsy. He had received his initial treatment there in Australia. He has problem with his left hand and right leg. His parents' relatives suggested to try Jaya Rehab Center. He comes regularly for his occupational and physio therapy and there is a significant improvement in his condition.



Raju Mandal, 42 from Kolkata, lost his left leg due to an accident while working in a factory in Mumbai. His employer brought him to the rehab center, where prosthetic leg was developed by the prosthetic department. He started intense occupational and physio therapy to get back to walking. With his feedback the prosthetic department modified his prosthetic leg and he is now able to walk with crutches. He will have to go through the therapy for some time to be able to walk properly and less pain.



Mohammed Raza, 16 years of age from Bhuj. In 2019 he was infected with GBS virus. His tongue was swollen unable to speak. He was in hospital in Ahmedabad for about a month and then on suggestion of parents' friend came to Jaya Rehab Center for treatment. He had physio therapy for about 3 months here at the Rehab center and now able to speak a little and improving gradually.

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SHREE BIDADA SARVODAYA TRUST

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NATIONAL AWARD WINNER INSTITUTE

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“Life Long Memorable Volunteer Experience”

View and Observation from young volunteer Hitakshi & Harishri Savdharina and senior Volunteer Vijay and Hemlata Shah - Michigan. -

Maybe we were in over our heads. Leaving LAX to spend our winter break in India to attend the Shree Bidada Sarvodaya Trust medical camp at Bidada hospital as two seventeen year old girls alone was nerve racking. We had travelled to India before, but to attend a medical camp alone for a week in a village we had never been too before was terrifying. As the shrilling whistle of the Kutch Express rang in the chilly, winter morning well before the crack of dawn, we had no idea that over the course of the next week we were about to partake in what would be a life changing experience.

We arrived at the Gandhidham station around 8 am and then commenced the two hour car ride to the Bidada Hospital in Mandvi, Kutch. When we first drove through the majestic, copper gate I was pleasantly surprised by how serene the pearl white hospital was. Our first day at the hospital, we acquainted ourselves with the facilities, our duties, and the Jaya Rehabilitation Center which stood behind the hospital. We were impressed by the 80 bed hospital and its well developed facilities. Initially, we were both nervous and excited at the same time to see what tomorrow held for us.

The next day when the camp started, the serene environment transformed into a bustling site with people everywhere. There was a tent in the courtyard of the hospital, which had four consultation rooms for OPD and cots set outside the rooms. Patients had to register and then wait on the cots for their turn to see the doctor. The consultations helped deem whether the patient needed surgery or could be treated with medicine. Surgical patients were either admitted into the hospital for surgery the next day, or, depending on the propensity of the procedure, given a recommendation to go to the doctor's home hospital for the surgery. The departments we were able to volunteer for at the camp included Pediatrics, Urology, Asthma, and Cardiology. Amongst the chaos that ensued, there was life changing work happening.

Witnessing the life saving care these top doctors and specialists from all around India provided for the less fortunate was humbling. Each one of these individuals put their lives on hold to come and work at the camp for a couple days in order to give back to their people. The pain people endured waiting for this camp in order to get free healthcare was immense. Being able to witness top quality medical care and being exposed to different ailments was an eye opening experience.

After spending a couple days at the camp, we decided to design an online form the doctors could use for OPD in order to reduce the paper usage in the process. We hoped this would help keep patient history more accessible and ensure the order of registration was the same as the order of patients who get consulted. Furthermore, the forms would allow the OPD process to run smoother, so that we could address the needs of more patients in one day. Thus, we designed a Google form based on the questions we had seen the doctors ask. This made it so that the volunteers would fill out a form with the patient's basic medical history while they waited for OPD, so when the patient went in for their consultation, the information would be available to the doctor and no time would be wasted gathering preliminary information.

While India has been growing exponentially, almost two-thirds of its population still lives in extreme poverty. The Bidada Medical camp serves those who cannot afford necessary medical services, greatly improving the quality of life for each and every patient that comes seeking care for illnesses that range from minor to detrimental. The Bidada Medical Camp was able to treat 26,160 patients in January 2020. The facilities of this hospital are extraordinary, and the medical care is fantastic and timely. Affordable, good healthcare is a basic human right, and the Bidada Medical Camp exemplifies this to the highest degree

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Shree Bidada Sarvodaya Trust (The Trust) is located in the village of Bidada about 50 km from Bhuj railway station. The campus of the Trust consists of Bidada Hospital, Jaya Rehabilitation Institute and Research Center, Taramati Wellness Center, Ratan Veer Nature Cure Center and the offices of Bidada International Foundation offices. The Trust holds medical various medical camps in the campus during the year. These camps are lifeline for the villagers near and afar who cannot afford medical treatments on their own. Free diagnosis, testing and treatments including surgery are provided free of charge to everyone who comes. Besides treatments, free meals are provided to the patients and their loved ones who come with patients. In some cases where the treatment requires patients to stay at the campus those arrangements are also provided. The campus also has a number of upashrays, where Jain Sadhus and Sadhvis can stay and get the treatments for their ailments.

The Trust conducts various health camps during the year for the benefit of nearby villages as well as anyone who comes to the camp for treatment. In January 2020, during 46th Eye, Dental, Medical and Surgical camp over 26,160 patients were examined by the volunteer doctors. of this 26,160 patients, close to 11,942 patients received the treatment, 727 operations performed and close to 446 cases were referred to other specialty hospitals for further treatment. Below is an example to what extent the Trust helps patients who are referred to other hospitals.

Dikrakumari Gangasinh Bik 12 years of age from Mundra had a small hole in her stomach since birth and gradually had become bigger. From other villagers, the parents came to know about the Trust and brought their daughter to the medical camp. After examination by the doctors at the camp, blood test and sonography tests were performed to diagnose the extent of illness and treatment thereafter. The illness was diagnosed to be life threatening and needed a surgery on an urgent basis at a hospital with latest technology. The Trust had arranged for the family to go to Ahmedabad hospital and referred to the leading surgeon for an immediate surgery to save the girl's life. All the costs for treatment and travelling to Ahmedabad were paid for by the Trust

Their main concern was girl's health. This just one example of what the Trust does to help needy people. The doctors, nurses, volunteers and the support staff are dedicated to community service and help needy people in any way they with a smile on their face. Many villagers who come to camps are not much educated so they work with each one of them with a lot patience and compassion to understand their pain and suffering.

Jaya Rehabilitation Institute and Research Center: This Rehab center was rewarded as best institute working for the cause of disability by the President of India in 2012. This rehab center has several departments under one roof to address variety of disabilities experienced by people either from birth or mishaps.

Physio-Occupation Therapy, Prosthetic & Orthotic Department, Speech Therapy, Audiology, Vocational Training, Outdoor & Indoor facility with 49 bed Conference Hall, Foot Care Management, Utility Training Center, High-Tech mobility Devices Department, Ante & Post Natal Rehab Department, Cardio-Respiratory Rehab Department

This center involves in early intervention, prevention and management of all disabilities. Even today, this center is providing free rehabilitation management for the victims of 2001 Earthquake. One of the excellent features of this center is that they have life size models of train, bus, car, rikshaw, etc.

This can be very helpful in therapy to prepare people for real life challenges that they might face once they leave the center to lead a normal life. The center also has various road surfaces to aid people in recognizing what surface they are walking on and adjust themselves accordingly for safety.

This center is also staffed with doctors and therapists with very positive attitude and dedication to help people get back to normal life as much as possible. Below is a sample of testimony from some of the people who have gone through or are still receiving free therapy from Jaya Rehab Center.

Shree Bidada Sarvodaya Trust campus also includes Ratan Veer Nature Cure Center as wells as Taramati Wellness Center.

Ratan Veer Nature Cure Center

People can get treatment for Back Pain, Diabetes, Weight Loss, etc. Treatment is based on Ayurvedic principles and naturopathy. Guests here can relax and rejuvenate their body, mind and soul with it holistic services like, massage therapy, hydro therapy, mud therapy, steam & sauna, panchkarma, magnet therapy, diet therapy as well as drug less and yogic therapies. The kitchen staff prepares meals based on the recommendations by the therapists to help guest reach their goal be it weight reduction, detoxification of digestive system, etc.

Taramati Wellness Center

This center offers deluxe accommodation for affluent guests. This center offers various panchkarma treatments like shirodhara, different types of massages, thakra dhara, nassyam, griva, janu and kati basti, etc. The center also has well-appointed yoga center where certified yoga teachers conduct yoga and meditation sessions every day. Personal yoga sessions are available, if needed. Weather permitting; there are lectures on various topics related to yoga/meditation and pranayama in the amphitheater. In colder weather, these lectures are held in Yoga hall in the Wellness Center. Doctors spend considerable amount of time with patients to understand their health issues to develop the treatment plan. Kitchen staff works with doctors to develop the food menu suitable for the guests.

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Vijay Solanki is 24 years old and from Somnath. He was involved in a motorbike accident and had spinal injury. He had no feeling and strength below waist. Surgery was performed in Rajkot and stayed in hospital for about six months. Rajkot hospital suggested him to try physical therapy at Jaya Rehab. First time when he came to the center for therapy in a stretcher and after 3 months of break came back for more therapy on crutches. This time he had some strength and was walking with crutches without any extra help.

Bhavika Chawla was injured during 2001 Earthquake. She lost one her legs and it seemed impossible that she will lead a normal life. She was brought to Jaya Rehab for treatment. The prosthetic department developed a prosthetic leg for her. After therapy and treatment at the center, today she is able to dance and teaching sewing to other women in the villages enabling them to live an independent life. She also dances and gives performances. She comes to the center regularly to encourage people who are going through therapy.



Akshar Luhar is a 17 year old girl, who fell from the second floor terrace on the eve of Ramzan Id and hurt her spine and fractured hip. She is from Godhara (Taluka:Mandavi), where local hospital and bone doctor gave up hopes of her recovery. She had a spinal surgery and was completely bed-ridden could not get up on her own. She came to the rehab center and was placed under the care of Drs. Ashok Trivedi and Shweta Gala. Within a month of physio therapy, she had started walking with the help of a walker. Now she is able to walk on her own and pushing herself to climb steps.



Swatiben Kubavat, 34 from Rajkot. In May 2019, she contracted GBS (Guillain-Barré syndrome), a rare neurological in which the body's immune system mistakenly attacks part of its peripheral nervous system—the network of nerves located outside of the brain and spinal cord. In the morning, after brushing her teeth, she started feeling heaviness in legs and moving up to her mouth. She was admitted to super specialty hospital & put on ventilator for 3 months. She was brought to Jaya Rehab Center on stretcher and after one and half month of intense occupational and physio therapy there is a vast improvement. She continues her therapy.



Anubhav Sahay is 8.5 years old from Nani Khakhar. He has a borderline autism (behavioral, ADHD issues). These issues were discovered when he was about 5 years old. Local medical officer suggested to try this rehab center. He comes twice a week for Occupational and cognitive behavioral therapy. He is a good piano and chess player, very good in swimming. Because of his anger issues he is receiving negative input from teachers. With over a year of therapy at the center he is improving.